

## Guidelines on Physical Education course (PE1, PE2, PE3) in 2024/2025 winter semester

PE1 – 30 hours - gym

1. Classes take place at Sport Hall AGH University of Krakow, Armii Krajowej 5A (U13).
2. **The first class is an organization meeting (as scheduled) and will take place in the Sports Hall of AGH at Armii Krajowej 5A (U13).**
3. On the first class, it is only required to bring spare indoor **sports shoes**. More information regarding the course will be provided on site.

PE2 – 15 hours – swimming pool

1. **The first class is an organization meeting (as scheduled) and will take place in the Sports Hall of AGH at Armii Krajowej 5A (U13).**
2. On the first class, it is only required to bring spare indoor **sports shoes**. More information regarding the course will be provided on site.
3. Before the first class, it is required to read carefully the regulations of AGH Swimming pool:  
[http://www.basen.agh.edu.pl/?page\\_id=82](http://www.basen.agh.edu.pl/?page_id=82)

PE3 – 15 hours - gym

1. Classes take place at Sport Hall AGH University of Krakow, Armii Krajowej 5A (U13).
2. **The first class is an actual practice in the gym (as scheduled).**
3. Before the first class, it is required to read carefully the regulations of AGH Department of Sport and Physical Education (SWFiS AGH) <https://www.swfis.agh.edu.pl/regulamin-objektu/>
4. As the classes begin promptly, it is recommended to arrive relatively early.
5. **It is obligatory to change and wear sports clothes and indoor sports shoes during classes.**
6. For sanitary reasons, it is recommended to bring own: towels to wipe commonly-used benches, mattresses, etc. and water to drink.